

1km 5km 10km **PENDOCK** **SPRING CHICKEN RUN**

10km, 5km or 1km – Choose your distance!

Sunday 20th March 2016

Main races start 11:30am, 1km starts 11:00am

Organised by Friends of Pendock School in association with Tewkesbury AC and Black Pear Joggers

- Join us for a multi-terrain run on gently undulating roads and farm tracks in the south Worcestershire countryside.
- Themed prizes
- Free entry into raffle with your race number
- All proceeds go to supporting local Pendock Primary School



Race HQ: Pendock School, School Lane Pendock, Glos GL19 3PW

Entry fees: **10k £9** affiliated with UK Athletics club, **£11** unaffiliated (minimum age of 15)
5k £6 (under 9s accompanied by an entered adult)
1k £2.50 (under 9s accompaniment advisory)

We will not be accepting any entries on the day to make things run smoother and ensure results can be processed efficiently after the race. You can enter online up until the day before the race if the race is not full. Race limits are **240** for the **10K**, **160** for the **5K** and **90** for the **1K**.

www.runpendock.co.uk 
Find out more and enter online

Race numbers will be issued on the day (registration from 9:30am). Accepted entries and final instructions will be shown on the website. Race not suitable for wheelchairs.



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Postal entry form Send to: **The Race Director, 1 Don Road, Worcester, Worcestershire, WR4 9ET**
with relevant payment. Cheques payable to: **Friends of Pendock School**
Postal entry closing date: **15th March 2016** (or earlier if full, last year filled quickly)

Full name: **Date of birth:**

Phone number(s): **Gender:** Male / Female

Email address:

Postal address (inc. postcode):

Are you affiliated? Yes / No **UK Athletics affiliated club:**

Gift Aid: Proceeds from your entry fee could be worth almost 28% more to the school - at no extra cost to you.

If you are a UK taxpayer, Gift Aid lets us reclaim tax on donations you make. Please tick the box if you would like to Gift Aid your donation. ☐

Disclaimer: I am an amateur as defined by UK Athletics and will abide by the race rules. I am physically fit to run and understand that I enter at my own risk. I agree that the organisers shall not be liable for any accidents, injury, loss or damage caused as a result of my participation.

Signature: **Date:** **Race Entered:** 1k ☐ 5k ☐ 10k ☐